

Career Center Activity

Fullerton College
 Career and Life Planning Center
<http://fullerton.kuder.com>

Your Kuder assessment results, from the Fullerton College Career Planning System (powered by Kuder, Inc.), provide information which can help you organize your search and learn more about a career and/or major related to your interests, skills, and work values. This activity is the first step, “Research,” of the three-step [Career Planning Process](#). With this activity, you will concentrate on information such as why you are choosing a particular occupation, learn about your assessment results and how they relate to careers, and identify three related college majors. Please feel free to use the Career and Life Planning Center to assist you with your research and to print (free of charge) any information related to this activity.

Part I. MY KUDER RESULTS

Under each assessment, indicate date completed, your Code, and three related occupations that appeal to you most.

	Kuder Career Interests Assessment Date Completed: _____	Kuder Skills Confidence Assessment Date Completed: _____
My Code is:		
Suggested Occupation:		
Suggested Occupation:		
Suggested Occupation:		

Kuder Work Values Assessment
List your work values from highest to lowest. Date Completed: _____
#1
#2
#3
#4
#5



Part II. OCCUPATIONAL/CAREER RESEARCH

You can research a “Related Occupation” suggested to you, or you can research an occupation of your choice by performing a “Title Search” under the “Occupations” tab within the Journey program. All the information you need to complete Part II of this activity is in the Journey program, however, if any data is missing, then please access it from another career resource, such as O*Net Online, www.onetonline.org.

Occupational title: _____

This is a Related Occupation based from my Kuder Results; OR An occupation that I am choosing to research myself



Tasks & Conditions

Do the Tasks appeal to you? List those that appeal to you (if any):

Do the Working Conditions appeal to you? Explain what you like or don't like about them.



Interests, Skills, & Work Values

What are the Interests related to this occupation? Do they match your interests?

List the Skills that you will need to develop for this occupation.

What are the Work Values related to this occupation? Do they match your work values? If they do not coincide with your values, will this be alright with you? Explain.

How much education is required?

- | | |
|--|--|
| <input type="checkbox"/> High School Diploma or equivalent | <input type="checkbox"/> Bachelor's Degree |
| <input type="checkbox"/> Certificate/Training | <input type="checkbox"/> Master's Degree |
| <input type="checkbox"/> Associate Degree | <input type="checkbox"/> Doctorate Degree |

Kuder Suggested College/Postsecondary Majors	Does Fullerton College have this major?	Fullerton College Major (or Transfer Major)
	Yes No	
	Yes No	
	Yes No	

State License and/or Certification required (if any): _____

Fullerton College Degrees/Certificates:

Log onto www.fullcoll.edu/catalog to view the course requirements for one of the majors you would like to research. **Print out the course requirements.** Below is where you can note the educational options such as the degrees and certificates related to this program. If you have questions, write them in the space provided for when you visit a counselor. (Free printing is available in the Career and Life Planning Center for this activity.)

What are the educational options for this major?

Question(s) for my counselor:

Transferring to UC or CSU:

Use ASSIST.org by logging onto www2.assist.org/exploring-majors/browseAreas.do to explore majors in the California State University (CSU) and University of California (UC) systems. There are three options to begin your search: (1) Select An Area of Study, (2) Enter a Major Name, or (3) view a list of Majors. With ASSIST.org, you can view the Articulation Agreement which shows you the major preparation coursework you will need to take here at Fullerton College. ASSIST.org will also offer you the direct link to visit the program pages of the University/Colleges' websites. You will want to view the program and course descriptions of the degree program(s) in which you are interested.

What are the educational options for this major?

Question(s) for my counselor:

Within **Salary & Outlook**, list the latest information.

Wages for the Year: 20__

Yearly Salary	10%	25%	Median	75%	90%
California					
United States					

Employment Trends (Projections) between the Years: 20__ and 20__ (10-year range)

Outlook	Annual Job Openings	Percent Change
California		
United States		

For California job growth/outlook, visit O*Net Online, www.onetonline.org. Once you are in the occupation page, you will need to click on “Local Salary Info” under the subtitle Wages & Employment Trends for the state.

Is the outlook/job growth in California projected to be at least average? Yes No
 (Average job growth is at least 7%)

 Related Occupations

List appealing **Related Occupations** that you may consider researching in the future. Use this same activity to gather information about any of these related occupations.

 Additional Information

Additional Information provides you with a listing of professional associations. These professional associations will offer opportunities to connect and network with professionals in your career field of interest. Start making connections now! “Networking” is step 2 in the Career Planning Process. Consider becoming a student member! List three Professional Associations related to this occupation:

Name	Website	Student Membership	Dues \$
		Yes No	
		Yes No	
		Yes No	

Part III. QUESTIONS?

Sometimes performing research leads us to asking more questions. Do you have further questions about this career or major after gathering the above information? In the space below, pose any questions you might have about the career, occupational or educational information, professional associations, etc. To help you find the answers, seek out people who are knowledgeable about the career and/or major. Reputable sources can be a counselor, professor, or career professional. Use additional paper if necessary.

Question #1:	Answer:	Source:
Question #2:	Answer:	Source:
Question #3:	Answer:	Source:
Question #4:	Answer:	Source:
Question #5:	Answer:	Source:

Part IV: MY NEXT COUNSELING APPOINTMENT

After completing this activity, schedule an appointment with a counselor to discuss your educational options and to create your Student Educational Program Plan (SEPP). To be prepared, list the three majors in ranking order you are considering and would like to discuss with the counselor.

Major #1: _____

Major #2: _____

Major #3: _____

MY APPOINTMENT	
Date:	_____
Time:	_____
Counselor:	_____

Bring this activity with your questions into your counseling appointment. If you need to reschedule your appointment, please contact the Career and Life Planning Center by coming into the center or by calling 714-992-7121.

Part V: CAREER CENTER ACTIVITY SURVEY

To provide our students with the best services and resources, we kindly ask for your feedback once you have completed this activity. Please click on the following link to complete a short survey, or type the URL address into your Internet browser. It should only take 2 minutes of your time. Thank you!

<http://goo.gl/forms/fauJrAQCqT>